

## Places to visit



• Mare de Déu de la Roca. The impressive hermitage of La Mare de Déu de la Roca is built on the remains of a 12th-13th century medieval castle of which you can still see part of the walls.

The effects of erosion on the red-coloured rock have created a magical and mysterious spot full of caves with fabulous panoramic views of the Costa Daurada coastline.

• Església Vella. (The Old Church) The exact date of its construction is unknown, although in the diocese of Tarragona it is mentioned in the year 1194. Pope Celestine also mentions it in a papal bull that same year.

Built in late-Gothic style, it has a Renaissance-style stone façade with a double lateral colonnade and a triangular pediment. Adjoining the church there is a medieval square tower (16th century) with a recently-restored sundial which serves as a bell tower. With the growth in the population of Mont-roig, this first church became too small and was replaced by a larger building. At present in the Església Vella (Old Church) there is the Miró Centre.

• Església Nova de Sant Miquel Arcàngel. The construction of this church (1801, placement of the foundation stone), known locally as the "cathedral of Baix Camp county" because of its size, was interrupted several times during the War of Independence and the Seven Years War. At one time it was known as "the Fort" due to the use to which it was put during the Spanish Civil War.

In the interior you can see several fresco murals by the artist Jaume Minguell from Tàrraga (60's) and an effigy of Sant Miquel by the sculptor Pare Vera (1960).



vice-consul. During the first decade of the 20th century it was bought by Eduard Toda who rebuilt it and began the restoration.

Many changes were made during these renovations, but the Romanesque origins can still be seen. Today the Castle affords superb views over the coastal plain and is an excellent spot for walking or contemplation.



• The Miró Centre. The aim of the exhibition at the Joan Miró Interpretation Centre is to show you Mont-roig through the eyes of the artist. Through his paintings we can learn a little more about his life, his work and the town he loved so much. The Miró Centre is in the Església Vella (Old Church), near the square that bears the artist's name.

• Velodrome (Cycle Track). The Josep Florencio i Tutusaes Municipal Velodrome was inaugurated in 1984 with a 250 metre-long track at an inclination of 45°. It is located in the Mont-roig del Camp Sports Zone where you will also find the municipal swimming pools, tennis courts, football pitch, and sports pavilion.

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## Rules and Practical Tips

- Before starting your excursion check the condition of your bike, your planned route and the weather forecast.
- Tell others of your planned route
- Use a helmet
- Guarantee your safety – think of the FCC "ecological licence".
- Respect the right of way of pedestrians and the highway code.
- Treat the environment and nature with respect.
- Follow the marked routes. Do not enter private roads and paths.
- Do not litter the woods.

**MONT-ROIGMIAMI**  
 Turisme

**Riudecanyes**

**COSTA DAURADA**  
 PATRONAT DE TURISME  
 DE LA DIPUTACIÓ DE TARRAGONA

**Agència Catalana de Turisme**

Generalitat de Catalunya  
 Departament de la Presidència  
 Secretaria General de l'Esport

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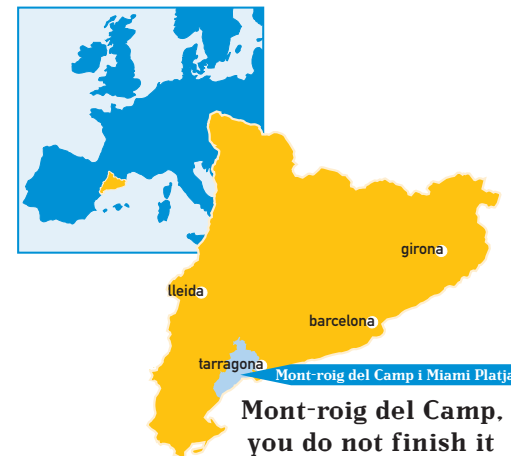


## Centre BTT

mont-roig del camp  
 miami platja



english



**Mont-roig del Camp, you do not finish it**

The physical and climatic features of Mont-roig del Camp make it an small oasis on the *Costa Daurada*.



Within its 63.690 square kilometres you can enjoy, in places as little as 3 kilometres apart, diverse landscapes such as the extraordinary mountainous terrain of the pre-coastal range and the beautiful coves of *Miami Platja*.

The fascinating paths that wind through the district are an invitation to discover the many historical and artistic sites and picturesque landscapes of the municipality, without ever losing sight of the warm waters of the *Mediterranean*.

The originality of these lands is more than evident at the majestically located *hermitage of La Mare de Déu de la Roca*, which, together with the *Castle - Monastery of Sant Miquel d'Escornalbou*, shows the great natural beauty and long religious tradition of the territory.



The luminosity, diversity and climate of this land, which so inspired the world-famous Catalan *Joan Miró*, are there for young and old alike to enjoy and experience nature in a relaxing and magical setting.

**Centres BTT**  
 discover the byways of Catalonia

**AJUNTAMENT DE MONT-ROIG DEL CAMP**

**Centres BTT**



Map legend

Reception point

Information point

Departure point

Washing point

Bike rental

Repairs

Showers

Bar

WC

Heights

Fountain

Petrol Station

Beach

Monuments

Chapel

Church

Restaurant

Hotel

Campsite

Rural accommodation

Park or garden

Panoramic views

Craft work

Medical care

Castle

Roads

Highway

Motorway

Main road

District road

Local road

Motorway exit

Town/city limits

Heights

500 m

400 m

300 m

200 m

100 m

0 m

Progressive degree according to the route difficulty

low

medium

difficult

very difficult

route's number

direction

Colour depending on the difficulty

Description of the routes

1

Les Planes. An excursion apt for the whole family, thanks to its wide, relatively flat paths which lead through the olive and carob tree plantations that make up a large part of the local agriculture. This itinerary takes you through the typical landscape of the “Camp of Tarragona”, a large plain on which the majority of the township is located. Difficulty: low Distance: 14,5 km Accumulated gradient: 70 m. Time: 50 min

2

Ermita del Peiró. An itinerary ideal for beginners thanks to its easy terrain. At its end you can enjoy a well-deserved rest at the hermitage of el Peiró (a chapel dedicated to the Mare de Déu del Roser built by Josep Nuet in 1752 and reformed by the marquis of Mont-roig in 1909). Here you can drink from the natural spring and relax in the picnic area and children’s playground. Difficulty: low Distance: 9 km. Accumulated gradient: 90 m. Time: 30 min

3

Mare de Déu de la Roca. A well-loved itinerary for people of all ages and physical conditions on which you can delight in the impressive vistas of the hermitage of La Mare de Déu de la Roca and hear the angels singing at the so-called pedra dels Àngels (Angel’s Rock), while enjoying a pleasant stroll. Difficulty: low Distance: 8 km. Accumulated gradient: 100 m. Time: 35 min

4

Els Estels. A circular route that takes you through the olive, carob and almond tree fields of Mont-roig del Camp and the traditional rural life of Catalonia. On the urban section of the itinerary you can discover the “Canal” gateway, once the entrance through the ancient town walls, and the old village public washing place, next to the barranc (gully) de l’Horta. Difficulty: low Distance: 6,5 km. Accumulated gradient: 70 m. Time: 30 min

5

Estany Salat. A route on which you can enjoy landscapes and seascapes at the same time. A walk past the coves of Miami Platja brings you to the estany Salat (Salt Lagoon). Changes in the coastline have made it into a marine environment of great beauty in the periods when it has water and is used as a nesting place by a large variety of bird species. It is home to typical wetland fauna and it is in an excellent state of conservation. Difficulty: low Distance: 14,5 km. Accumulated gradient: 70 m. Time: 50 min

Description of the routes

6

Barranc de Vilanova. “Barranc” means gully and this itinerary takes you along the various gullies of Mont-roig del Camp to give you a different perspective of the district. It can be difficult in places due to the loose terrain of calcareous gravel and alluvium (fine sand). Difficulty: medium Distance: 9,5 km Accumulated gradient: 70 m. Time: 50 min

7

Terres Noves. An itinerary designed for experienced mountain-bikers who want to discover the different types of terrain in the area. It takes you past the Bonmont Terres Noves golf course, designed by Robert Trent Jones, the magnificent Hermanos Nieto riding school, and many old dry-stone houses. You can also enjoy spectacular views of coastline. Difficulty: Medium Distance: 24 km. Accumulated gradient: 100 m. Time: 1 hour 35 min

8

Les Arrabassades. This route gives you unforgettable views of the Mediterranean from the La Pedrera Mountains. Along the innumerable paths and tracks through the countryside you can see many of the curious dry-stone houses dotted around the fields. They have been used by farmers as shelters and stables for horses. Difficulty: difficult Distance: 14 km. Accumulated gradient: 130 m. Time: 55 min

9

Les Pedreres. An itinerary for the more adventurous. Steep climbs and descents characterize this magnificent route for sportsmen and women who would like to explore the wildest parts of the territory. It starts to get difficult on the way to mas de la Figa, where the track becomes much narrower and full of natural obstacles. Along the way you can see the bridge over the Barranc (Gully) de Rifà, used to carry stone from the municipal quarry. The bridge was built in 1821. Difficulty: difficult Distance: 16 km. Gradient: 130 m. Time: 1 hour

10

“Castell d’Escornalbou” in Riudecanyes. An itinerary with pronounced differences in altitude along natural tracks which allows the visitor to relax alongside the peaceful waters of the Riudecanyes reservoir and admire the imposing presence of the Castle-Monastery of Sant Miquel d’Escornalbou. The exceptional heritage of this municipality is discovered as you advance through the natural vegetation made up mainly of holm oaks. Difficulty: very difficult Distance: 21,5 km. Gradient: 457 m. Time: 2h